



News Release

For Immediate Release: August 24 am to August 25 pm, 2015

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Wenatchee and Leavenworth – Unhealthy to Moderate

Chelan and Manson Area – Unhealthy

Moderate	People with asthma, respiratory infection, diabetes, lung or heart disease, or have had a stroke should limit outdoor activities or do activities that take less effort, such as walking instead of running.
Unhealthy	Everyone should limit time spent outdoors, avoid exercising outside (including sports teams) and choose non-strenuous indoor activities. Those with asthma, respiratory infection, diabetes, lung or heart disease, or have had a stroke should stay indoors as should infants, children, pregnant women and adults over age 65.

Areas around North Central Washington are receiving smoke from several local fires.
Air Quality is expected to be in these ranges until Wednesday.

Individuals with pre-existing heart and lung diseases, the elderly, children and infants are at highest risk of experiencing health complications from smoke. If you are in a sensitive group experiencing adverse health effects limit your outdoor activity or exertion level.

More Information:

<http://wasmoke.blogspot.com/>

<https://fortress.wa.gov/ecy/enviwa/>

<http://www.cdhd.wa.gov/>